

JAPAN 1

Maneuver	Catalog Number	Description
1	4.7	Triangular loop with snap roll (from bottom) (K4)
2	H.1	Stall turn, half rolls (K2)
3	22.5	Rolling circle with 2 rolls inside (K5)
4	F.7	Half cuban eight with full roll (K2)
5	9.4	Golf ball with half rolls, inverted entry (K3)
6	K.8	45 degree up, 2/2pt roll, half loop (inside or outside), full snap roll down, inverted entry (K4)
7	23.15	Slow roll (K3)
8	J.7	Top hat, 1/4 roll up, 1/4 roll down (K2)
9	3.3	Avalanche with 1-1/2 snap (from bottom) (K4)
10	B.2	Half outside loop, inverted entry (K1)
11	11.7	45 degree down with two 4/8 pt. rolls reversed (K4)
12	F.5	Half cuban eight, 2/2pt roll (K2)
13	1.2	Rolling loop with one roll (from bottom) inverted entry (K5)
14	L.12	Humpty bump with roll options, (half roll up or 1/4 roll up and down) inverted entry (K2)
15	20.5	Stall turn, 3/4 roll up, 1-1/4 snap roll down, inverted entry (K5)
16	F.25	Half reverse cuban eight, 2/2pt roll (K2)
17	5.2	Square loop with half rolls, inverted entry (K5)